

*Te Kura Rauwhiti O Waihi*

# WAIHI EAST SCHOOL

*Rise Above And Shine*



Waihi East Primary School Newsletter  
Term 3 2018 Week 2  
2 August 2018

## MIHI WHAKATAU



### UPCOMING DATES

Aug 2	After School Hockey. 3.30pm at College.
Aug 8	Student Led Conferences (Rooms 1-4).
Aug 9	KidsCan Go Crazy Hair Day fundraiser.
Aug 9	Student Led Conferences (Rooms 1-4).
Aug 15	NZEI Strike Action.
Aug 16	Duffy and the Cloak Bay Bully 'Show. 1.30pm.
Aug 20	BOT Meeting.
Aug 23	Whanau Roopu Hui. 1.45pm.
Aug 27-31	Life Education Classroom on site.
Aug 29	Best Start. 9.30am.
Sept 5	Best Start .11.30am.
Sept 12	Best Start. 1.45pm.
Sept 24	BOT Meeting.

# WEEKLY NOTICES AND REMINDERS

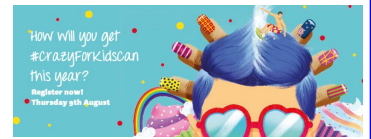


## STRIKE ACTION - AUGUST 15th

Strike Action is coming,  
information is on a flyer included with this newsletter.

### KIDSCAN GO CRAZY HAIR FUNDRAISER

KidsCan support Waihi East School with food, tissues and raincoats each term. Now it's our turn to support them. We will be holding a Go Crazy Hair day next Thursday 9th August.



### TEAM EAST WHANAU ROOPU HUI

Thursday, 23rd August, @ 1.45pm. All welcome, we will be discussing ways we can help with fundraising ideas to raise funds for 2019 Senior camp.

### WANTED

Empty clean 1.5litre fizzy drink bottles with lids and not crushed. Please drop into the office.



### MUSIC LESSONS IN SCHOOL

Meryl Bennett of NZ Modern School of Music is offering music lessons at Waihi East School. Group or individual sessions in guitar, ukulele, basic keyboard and singing available. Group lessons \$10 per lesson. All enquiries welcome! Please contact Meryl on 0212341721 or by email merylmusic@outlook.com. There's interest in a senior singing group but we need another couple of seniors to join up to make this happen. Contact Meryl if interested.

### LIFE EDUCATION

Harold, Mike and the Waikato East life Education Classroom will be at our school from 27th August to 31st August. There will be a session for parents to attend if they wish. Time and date to follow. There will be a small cost to attend Harold and will be \$5 per child. If you need help with the cost please contact Briar and the Whanau Roopu Group. They may be able to assist with this.

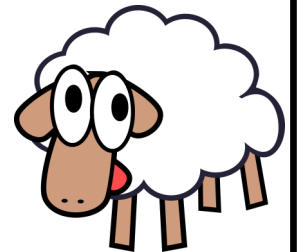
### PB4L

Our PB4L (Positive Behaviour for Learning) journey continues to gather speed behind the scenes and should be becoming gradually more visible as we roll this out across the school. Your children are becoming more familiar with our school values and what this means for them at Waihi East School. Check in with them and see if they can tell you what they are and what they might look like - Responsibility, Respect and Caring. Remember, these values came from you, so your children might also know how these values look in your home!

### AGRICULTURE DAY

Due to the outbreak of mycoplasma bovis Waihi schools are not having calves at this year's Agriculture day. Waihi East is still going to hold an Agriculture Day for lambs and kid goats only on the 29<sup>th</sup> October. More details about this will be available soon.

**A Big thanks to Alan and Ruth Scott for offering the opportunity to raise a lamb for several of our seniors - what a wonderful opportunity!**



### BEST START PROGRAMME FOR NEW ENTRANTS

If your New Entrant child has enrolled this term, or will be enrolling this term, please contact Briar about securing your place in our awesome workshops.

#### Best Start Waihi East

Week 6 **Wed 29th August** 9.30am-11.00am  
About our school.

Week 7 **Wed 5th September** 11.30am-12.30pm  
Literacy learning and helping your child.

Week 8 **Wed 12th September** 1.45pm-2.30pm  
Maths Learning and helping your child.

Contact Briar on [bfrew@east.school.nz](mailto:bfrew@east.school.nz) or 863 8693



### THE HAURAKI KAPAHAKA FESTIVAL

Kapahaka Festival is on the very last day of term, September 28. We will be working diligently towards this over the term. More information coming.



# COMMUNITY NOTICES

## Recycled Wearable Art & Fun Fashion Show

Students register with Dawn  
Ph. 8636704

Enter as Teams OR Individuals  
Used and Recycled Items Except fabric  
Any girls wishing to model recycled  
supplied clothes phone Dawn 8636704



## PARENTING STRUGGLES?

Need a place where you can meet, talk, and learn from other parents, and guest speakers.  
The Waihi Community Resource Centre is running a **FREE** weekly

## Support Group

EVERY TUESDAY 10 AM STARTS 31<sup>ST</sup> JULY

To register:  
Phone 07 8637555 or Text 027 5373996  
Waihi Community Resource Centre  
4 Mueller Street, Waihi.

- FEELING ISOLATED
- KIDS NOT LISTENING
- BUTTONS BEING PUSHED
- FEELING STRESSED
- FEELING INADEQUATE
- NOT ENOUGH TIME
- LOSING YOUR PATIENCE
- PARENTING ALONE
- YELLING
- ADHD/AUTISM
- TANTRUMS
- ADDICTED TO GADGETS
- HOME WORK STRUGGLES
- JOIN OUR PARENTING SUPPORT GROUP

## LABEL READING

# NUTRITION LABEL

There are lots of different nutritional claims on packets. It's best to check for yourself by reading the label. Look at the per 100g column, if...

**SUGAR is LESS than 10g per 100g**

	PER SERVE	PER 100g
Carbohydrate, Total (g)	20.1	67.0
-Sugars (g)	0.8	2.8

**TOTAL FAT is LESS than 10g per 100g**

	PER SERVE	PER 100g
Fat, Total (g)	0.4	1.4
-Saturated Fat (g)	0.1	0.3

**FIBRE is MORE than 5g per 100g**

	PER SERVE	PER 100g
Dietary Fibre (g)	3.0	10.1
Sodium (mg)	81	270



Developed by Sport Waikato 2018

**Waihi Squash Club** are running schools Have-a-Go days on Monday week one and two this term 3.30-5pm. Following the Have-a-Go we will run Monday night coaching from week 3 which will consist of mini games and lessons of the basics of squash.

The Have-a-go days are free and the coaching will cost \$5/child, so very cheap!

Any questions call  
Kaylea  
0223401139



## FREE EAR CLINIC SERVICE FOR CHILDREN

The caravan will be at; Waihi Central School, Moresby Avenue  
Wednesday 26th September.  
9.45am—2pm.

Visit the ear nurse for advice on Glue ear assessment and management, Wax/foreign body removal, Grommet checks and treatment of discharging ears. All children must be accompanied by a caregiver. For enquiries regarding this service please contact 07 838 3565.



# THANKS TO OUR GREAT SUPPORTERS



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\*conditions apply

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GUTTERS NEED CLEARING? PESTS A PROBLEM?**



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**Dave Brewer**  
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**EPro8 Sponsor**

A huge Thanks to **Acumen Construction Ltd** for sponsoring one of our EPro8 teams. Thanks to Brooke K for getting out there and finding a sponsor. Awesome work all round!



**Acumen  
Construction Ltd.**

**www.acumenconstruction.co.nz**

Principal: Zac Taylor  
Ph:07 863 8693 Absentees: 021 0258 4817  
Email Office for general enquires: office@east.school.nz  
Email: principal@east.school.nz www.waihieast.school.nz

Our mailing address is:  
**Waihi East Primary School**  
Donnelly Street, WAIHI 3610

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